LO 4
15 NM TZ↑↑
Lambert Conformal Conic Projection. LO3 Std Parallels 49.30, 57.30. LO4 Std Parallels 49.30, 52.00.

LO 3
20 NM TZ↑↑

CLASS G COMMUNICATION FREQUENCIES

WHEN AIRCRAFT ARE MANEUVERING IN THE VICINITY OF UNCONTROLLED AERODROMES OR CRUISING IN CLASS G AIRSPACE, BROADCAST POSITION REPORTS, ALTITUDE CHANGES, DEPARTURE, APPROACH INTENTIONS AND MONITOR FOR OTHER AIRCRAFT ON 126.7 MHz UNLESS ANOTHER FREQUENCY IS DESIGNATED FOR USE IN UNCONTROLLED AIRSPACE.

Refer to Flight Supplement (DFR-200) for complete communication information.

☞ GP 607/16

AREA CONTROL CENTRES and TERMINAL CONTROL UNITS
with peripheral stations

MONTREAL 118.0 125.45 134.85 135.15 136.8
136.85 236.15 124.4 245.8 268.2 284.2
Chibougamau 122.7
La Grande Rivière 122.7
Lac Matagami 122.7
TORONTO 124.575 127.0 132.475 132.6
Kingston 126.4
Elliot Lake 122.7
Kapuskasing 122.7
Lac Seul 122.7
Sault Ste. Marie 122.7
South Bay 122.7 132.65 244.0
Timmins 122.7
Sudbury 122.7
Wawa 122.7
Moosonee 122.7 275

WINNIPEG 119.0 119.9 119.7 119.9
120.0 124.9 248.6
Big Trout Lake 122.8
Churchill 122.8
Cranberry Portage 122.8
Dryden 122.8
Gillam 122.8
Island Lake 122.8
Island Lake 126.425
Lynn Lake 122.8
Marathon 122.8
Pikwitonei 122.8
Red Lake 122.8
Sandy Lake 122.8
Stall Lake 126.425
Thompson 122.8
Pinehill Bay 122.8
Wabowden 122.8
U.S.A.
MONCANTON
Alpena 125.25 268.45
Duluth 127.9 284.6
Houghton 124.3 284.6
Lake Superior Ely 132.4
Minneapolis 124.3 284.6
Owosso 124.75 251.7

SATVOICE SHORT CODES and PUBLIC SWITCHED TELEPHONE NETWORK (PSTN)

Gander Oceanic FIR	431855	1-709-651-5350	Toronto FIR	431836	1-905-405-8864
Gander Domestic FIR	431856	1-709-651-5360	Winnipeg FIR	431837	1-204-983-0275
Moncton FIR	431853	1-506-851-7070	Edmonton FIR	431847	1-780-890-7575
Montreal FIR	431852	1-514-633-3600	Vancouver FIR	431846	1-604-660-7575

LO 4 –
– LO 4

27 NOVEMBER 2025
– LO 3
27 NOVEMBER 2025
– LO 3

NAV CANADA

ENROUTE LOW ALTITUDE

CANADA AND NORTH ATLANTIC
AIP Canada (AIP-C)
Part 2 - Area Charts
Department of National Defence PLAP GPH 206

For use up to but not including 18,000' AGL within Canadian Domestic Airspace and that airspace within the Canadian Flight Information Regions for which Canada assumes responsibility for the provision of air traffic control services.

Warning: Refer to current U. S. charts and flight information publications for information within U. S. airspace.

EFFECTIVE 0901Z
27 NOVEMBER 2025
TO 0901Z 22 JANUARY 2026

CAUTION
The information in this publication may be superseded by NOTAM or AIP Supplement

REVISION DATA

LO 3 – No Changes.

LO 4 – No Changes.

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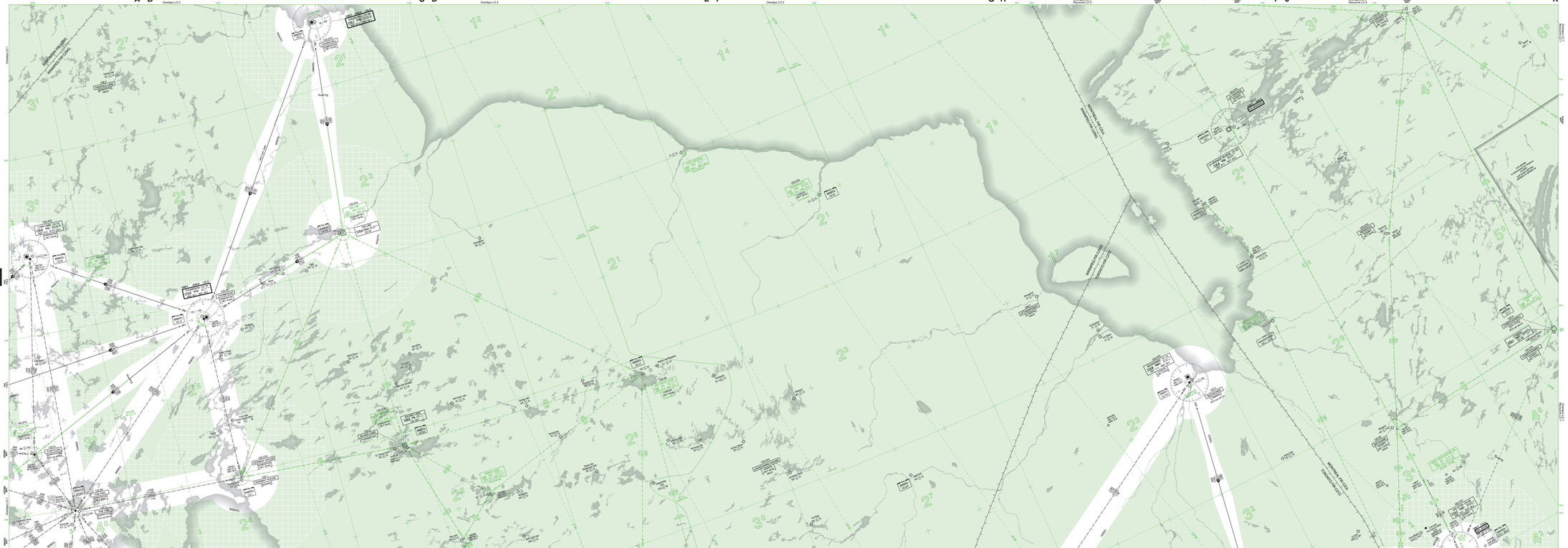
A B C D E F G H I J K
LO 3
LO 4
Overlaps LO 3
Overlaps LO 4
Overlaps LO 2
Overlaps LO 1
20 NM TZ ↑
20 NM TZ ↓
GOOSE BAY FIR
MONCTON FIR
MONTREAL FIR
TORONTO FIR
WINNIPEG FIR
EDMONTON FIR
VANCOUVER FIR
MONCTON CTA
MONTREAL CTA
TORONTO CTA
WINNIPEG CTA
EDMONTON CTA
VANCOUVER CTA
MONTREAL FIR/CTA
TORONTO FIR/CTA
WINNIPEG FIR/CTA
EDMONTON FIR/CTA
VANCOUVER FIR/CTA
MONCTON FIR/CTA
GOOSE BAY FIR/